



# 2024

## Newsletter

# DEAR I URBAN FARM COMMUNITY

# UPDATES



Are you looking for a way to reduce your environmental impact and make your garden more productive? Look no further than composting and worm farming! Composting and worm farming are two sustainable practices that offer a range of environmental and practical benefits.

Composting is a great way to reduce your household waste by turning food scraps, yard trimmings, and other organic materials into a nutrient-rich soil amendment. The resulting compost can be used in the garden or lawn to improve soil structure and fertility, and reduce the need for fertilizer and herbicides.





## WORM FARMING

Worm farming is the practice of raising and harvesting worms for use in composting and soil enrichment. Worms help break down organic material in compost, and their castings (also known as worm manure or vermicast) can be used as a nutrient-rich fertilizer. Worms can also be used as a source of protein in aquaculture and fish farming.

Composting and worm farming are relatively simple and affordable practices that can help reduce your environmental footprint and improve the health of your garden. If you're interested in learning more about composting and worm farming, please feel free to reach out, and we'll be happy to answer any questions you may have.

Happy composting and worm farming!